



JANUARY | 2019

Jenkins Middle High

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 (2) fax: (202) 690-7442; or
 (3) email: program.intake@usda.gov.
 This institution is an equal opportunity provider.
 All students eat free
 Adults Breakfast \$2.50, Lunch \$4.00
 Menu subject to change due to availability of food and weather.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
Pancakes, grab-n-go, fruit juice, fruit and milk Breakfast for Lunch: Biscuits, gravy, sausage links or chicken tenders, apples hash rounds, juice & milk	Biscuit sandwich or grab n go, juice, fruit and milk Hot dogs or sloppy dogs, onion rings, baked beans Fruit and milk	Chicken patty/bun or corn dogs, French fries, fresh carrots w/ranch dip, apples and milk	Philly steak or chicken fajita w/ queso cheese on flatbread, French fries, carrots, fruit and milk	Oven fried chicken legs or Salisbury steak, mashed potatoes, peas, rolls, fruit & milk
7	8	9	10	11
Assorted Biscuit sandwiches, grab n go, fruit & juice, and milk Chicken Alfredo & garlic bread or corn dog, French fries green beans, carrots, fruit & milk	Biscuit sandwich or grab n go, juice, fruit and milk Hot dogs or sloppy dogs, onion rings, baked beans Fruit and milk	Assorted Biscuit sandwiches, grab n go, fruit & juice, and milk Chicken nuggets, spicy chicken strips or PBJ Jamwich combo, French fries, fruit juice applesauce cup & milk	Egg & bacon Biscuits, pop tarts raisins or OJ, milk Pizza, PBJ Jamwich Combo Broccoli, corn, fruit, and milk	Gravy & biscuits, sausage, grab-n-go, juice, fruit and milk Spaghetti w/ meat sauce & breadstick or PBJ Jamwich, cole slaw, green beans, fruit and milk
14	15	16	17	18
Assorted Biscuit sandwiches, grab n go, fruit & juice, and milk Chicken Alfredo & garlic bread or corn dog, French fries green beans, carrots, fruit & milk	Pizza, grab n go, fruit & juice, and milk Toasted cheese or peanut butter sandwiches, tomato soup, French fries, fruit and milk	Egg burritos, grab-n-go, Fruit and juice, milk Walking Nachos with seasoned beef, chicken fajita, cheese, tomatoes, lettuce, Refried beans, fruit juice, apples and milk	Chicken waffle bites, & grab n go, fruit or juice and milk Boscors, cheese sticks or sandwiches, broccoli & cheese corn, fruit and milk	Gravy and biscuits, sausage, grab-n-go, juice, fruit and milk Chicken casserole or Salisbury steak, mashed potatoes, peas, rolls, fruit & milk
21	22	23	24	25
No school	Biscuit sandwich, grab n go, Chicken patty/bun or corn dogs, Mac n cheese, fresh carrots w/ranch dip, apples and milk	French toast sticks, grab n go, cereal, juice fruit and milk Cheese/Hamburger or Sandwich Lettuce, tomato slices, pickles, Smiley fries, fresh veggies, fruit and milk	Egg & bacon, Biscuits, grab & go raisins or OJ, milk Pizza, PBJ Jamwich Combo or Ham & cheese sandwich, Romaine salad, corn, side kick frozen fruit slushy, and milk	Gravy and biscuits, sausage, grab-n-go, juice, fruit and milk Pork roast or baked ham mashed potatoes, green beans, rolls, fruit juice, fruit & milk
28	29	30	31	
Pancakes, grab-n-go, fruit juice, fruit and milk Breakfast for Lunch: Biscuits, gravy, sausage links or chicken tenders, apples hash rounds, juice & milk	Biscuit sandwich or grab n go, juice, fruit and milk BBQ riblets or taco pizza, French fries, baked beans Fruit and milk	Pizza, grab-n-go, juice, fruit and milk Philly steak or chicken fajita w/ queso cheese on flatbread, French fries, carrots, fruit and milk	Chicken waffle bites, & grab n go, fruit or juice and milk Boscors, cheese sticks or sandwiches, broccoli & cheese corn, fruit and milk	Gravy N biscuits, sausage, grab n go, juice, fruit and milk Oven fried chicken legs or Salisbury steak, mashed potatoes, peas, rolls, fruit & milk